

PROJECT SHEET

X-Press It®

Personalised Recipe Book

STEP BY STEP

WHAT YOU'LL NEED:

- X-Press It Transfer Adhesive Sheets
- X-Press It Mixed Media Journal
- X-Press It Tape Runner
- X-Press It Metal Leaf
- X-Press It Gold Size
- X-Press It Foam Mounting Sheets
- Chipboard die cut
- Paint Brushes
- Scissors
- Printer



INSTRUCTIONS:



Step 1: Design and print out your recipe book title on a piece of blending card. You can personalise this by adding your name. If you do not want to digitally print out the text you can hand letter the text. Cut this to the correct size to fit on the cover of your mixed media journal, use the tape runner to stick down.



Step 3: Pull back the thin liner of the Transfer Adhesive Sheets and position the back of your chipboard die cut onto the adhesive. Apply pressure and rub the back firmly to transfer the adhesive. Remove the die cut chipboard from the adhesive & place the die cut on top of your journal.



Step 2: Coat your chipboard die cuts with a thin layer of gold size. Make sure to leave it to get a bit tacky before applying any metal leaf. Delicately place Metal Leaf onto the area where you have applied the Gold Size. Once covered with Metal Leaf, use a clean, soft brush to dust off the excess leaf very delicately.



Step 4: We had used a die cut that was two layers. With the second layer we used foam mounting squares to give our recipe book a 3D effect. You could also use this with your dies cuts. Get creative and add some festive flare to your Christmas recipes.